



ESCAPE TO...

DELLA ADVENTURE & CAMP DELLA, LONAVALA

At Della Adventure, you live your adrenaline fantasies of being James Bond, Superman, Spiderman or even Tarzan. After all it is India's largest adventure park and corporate outbound training destination. The brainchild of Jimmy R. Mistry, chairman and managing director, Della Tecnica Group, the park has 100 thrilling adventure activities, with the country's longest flying fox zip line at 1,250ft, highest rocket ejector at 4.5 floors high, permanent public track for dirt-bike racing and the first four-lane night rappelling.

'Getting high' is redefined at Della Adventure with India's first permanent bungee jump

(150 ft.) and swoop, a 100ft. ride constructed by a team of expert engineers from New Zealand. Swoop is the first such ride in India and the second of its kind around the world. Land zorbing is another attraction on India's first permanent and longest natural turf incline at 200ft. The park is the only facility in the country to house all four zorbing activities including aqua zorbing under one roof.

COST: Rs 14,678 for two including stay in air-conditioned tents & breakfast.

HOW TO GET THERE:

Lonavala is about 90km from Mumbai; dellaresorts.com

KHURSHIED DINSHAW

("Ochi" for short; calling it "Ocho" will imprint "tourist" all over you) is an Instagrammer's delight: lush greenery, ruby-colored earth and impressive mountains. Eat a freshly cooked breakfast along the way at Faith's Pen, an illustrious strip of simple wooden stalls peddling the full gamut of Jamaican delicacies: roast corn and breadfruit (a dense root vegetable), callaloo (Jamaica's take on collard greens), lychee-like ackee and salt fish (the national dish, which has the look and texture of scrambled eggs, sautéed with peppers and codfish flakes) and fresh cane or mango juice (about 700 Jamaican dollars per person for breakfast).

11 a.m. - Beachfront Games

The humble name belies its splendor: the Jamaica Inn opened in 1950 as a petite, well, inn. A honeymooning Marilyn Monroe and Arthur Miller were once among its guests, but the property is now a grand yet quite homey haven. Leave your bags at the front desk (check-in time is 3 p.m.) and collect your mallets. Yes, mallets. By the beach is a charming croquet lawn, perfect for a late-morning match. Follow it up with an afternoon swim in what's arguably Ochi's most immaculate beach: white sand, supernaturally cerulean waters and a backdrop of waves striking rugged cliffs.



Lobster curry at 689 by Brian Lumley

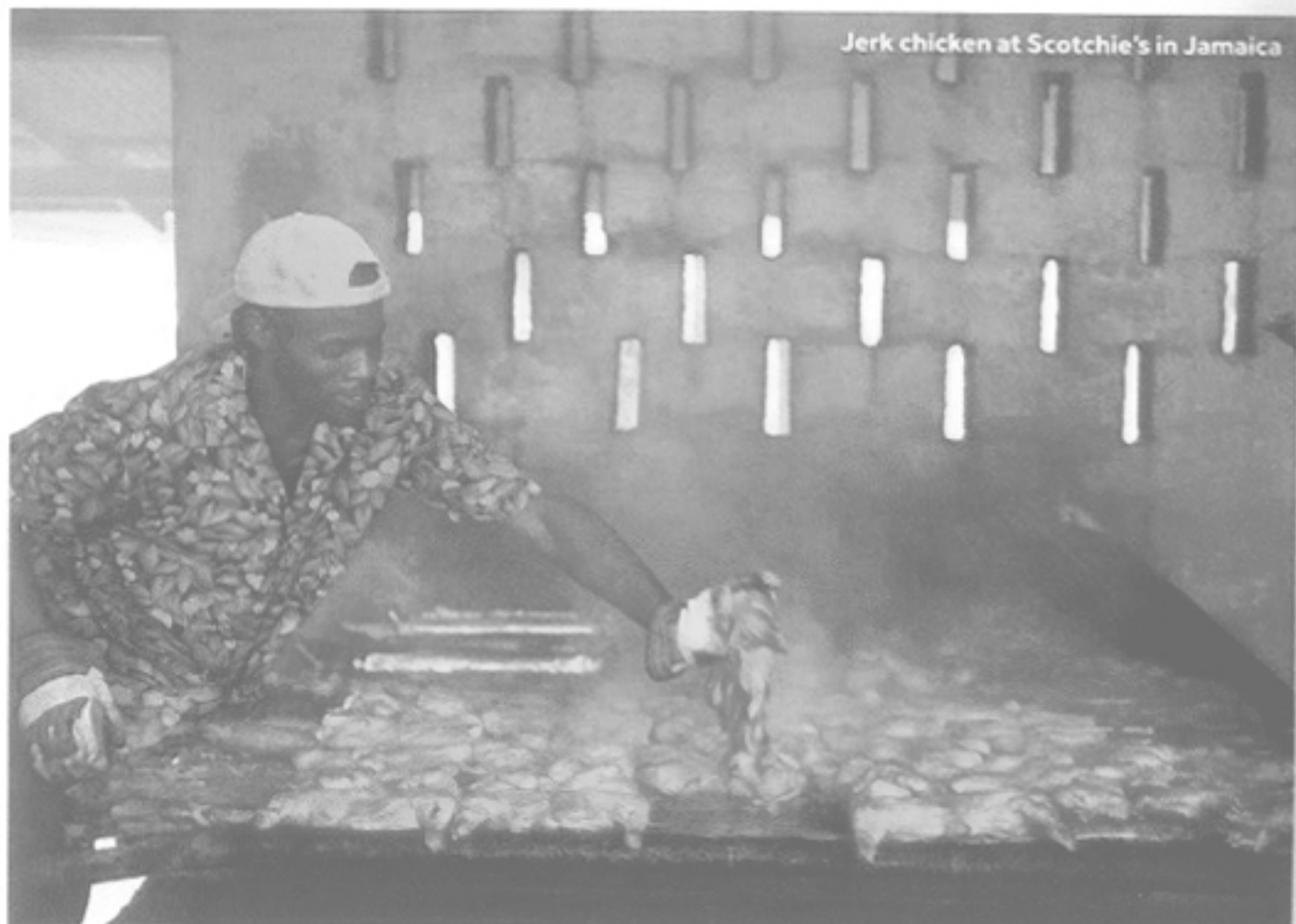
11 p.m. - Regal Nightcap

Kingston's specialty isn't nightcaps, it's bashments: outré pre-dawn-till-daylight dance hall parties, where the bass line thumps in chockablock clubs or at crowded street dances. But there's now an exception to that. The Regency Bar and Lounge at the newly refurbished Terra Nova All-Suite Hotel is an upmarket oasis, with plush velvet lounges and gold-accented décor, with a bar menu to match: duck pizza, curried-lamb or jerk-pork sliders. Best part of the menu: 50-year-old Appleton rum, a local delicacy (wines from \$6; cocktails from \$5; no door charge).

SATURDAY

8 a.m. - Hit the Road

Don't close your eyes for a quick nap on the morning ride to "country," as Kingstonians call any region outside the capital city, lest you miss breathtaking vistas. The two-and-a-half-hour drive from Kingston to Ocho Rios



Jerk chicken at Scotchie's in Jamaica